

**Exercise plan for second-year students of the Medical ED program, winter semester,  
academic year 2024/2025**

**Human physiology with elements of clinical physiology**

|                 |   |   |   |
|-----------------|---|---|---|
| <b>Thursday</b> | <b>Gr 1B</b> (12os)<br>08.00-10.25<br>(tydz. 2-14)<br>08.00-10.20<br>(tydz. 15) | <b>Gr 1A</b> (12os)<br>10.30-12.55<br>(tydz. 2-14)<br>10.30-12.50<br>(tydz. 15) | <b>Gr 2A</b> (12os)<br>13.00-15.25<br>(tydz. 2-14)<br>13.00-15.20<br>(tydz. 15) |
| <b>Friday</b>   | <b>Gr 3A</b> (12os)<br>08.00-10.25<br>(tydz. 2-14)<br>08.00-10.20<br>(tydz. 15) | <b>Gr 3B</b> (12os)<br>10.30-12.55<br>(tydz. 2-14)<br>10.30-12.50<br>(tydz. 15) | <b>Gr 2B</b> (12os)<br>13.00-15.25<br>(tydz. 2-14)<br>13.00-15.20<br>(tydz. 15) |

| Lp. | Thursday | Friday | Topic   | The instructor of the exercises |
|-----|----------|--------|---|---------------------------------|
| 1   | 03.10.   | 04.10. | -----   | -----                           |
| 2   | 10.10.   | 11.10. | Fundamentals of cell electrophysiology - neuron structure, cell membrane structure, types of ion channels, ion pumps. Origin and characteristics of resting potential (PhysioEx Transmembrane transport - activity 1, 2, 5) | dr P.Złomańczuk                 |
| 3   | 17.10.   | 18.10. | Origin and characteristics of the action potential - excitability of the nerve cell, the role of ion channels, the phenomenon of refractory period in the neuron (PhysioEx)   | dr P.Złomańczuk                 |
| 4   | 24.10.   | 25.10. | Synaptic conduction and conduction velocity. voltage clamp and patch-clamp techniques.  | dr P.Złomańczuk                 |
| 5   | 07.11.   | 08.11. | Neuron simulation program - review  | dr P.Złomańczuk                 |
| 6   | 14.11.   | 15.11. | Sensory physiology - transduction, receptor potential   | dr P.Złomańczuk                 |
| 7   | 21.11.   | 22.11. | Physiology of skeletal and smooth muscles - mechanism of contraction and regulation of its force, part 1  | dr P.Złomańczuk                 |
| 8   | 28.11.   | 29.11. | Physiology of skeletal and smooth muscles - mechanism of contraction and regulation of its force, part 2  | dr P.Złomańczuk                 |
| 9   | 05.12.   | 06.12. | Functional organization of the brain. Higher CNS functions. Cognitive functions   | dr P.Złomańczuk                 |
| 10  | 12.12.   | 13.12. | Vestibular-ocular and vestibulospinal reflexes. The role of the reticular formation in the control of muscle tone   | dr K.Dmitruk                    |
| 11  | 19.12.   | 20.12. | Caloric nystagmus, rotatory and post-rotary nystagmus. Examination of vestibulospinal reflexes. Examination of selected spinal reflexes.  | dr K.Dmitruk                    |
| 12  | 09.01.   | 10.01. | Blood composition. The role of morphological elements and plasma proteins. Lipid profile  | mgr M.Bejtka                    |
| 13  | 16.01.   | 17.01. | Hormonal regulation of blood glucose concentration.   | mgr M.Bejtka                    |
| 14  | 23.01.   | 24.01. | Thyroid hormones and metabolism   | dr K.Dmitruk                    |
| 15  | 30.01.   | 31.01. | Cortisol and ACTH (sex hormones may also be considered)   | mgr M.Bejtka                    |

KIEROWNIK KATEDRY FIZJOLOGII CZŁOWIEKA  
prof. dr hab. n. med. Wojciech Kazmierczak